

# Gwinnett Clinic Medicare Wellness Visit

Dr/NP _____
Location _____

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

Allergies to Meds: \_\_\_\_\_

### **Medical History**

Past personal illnesses, injuries, operations or diagnoses	Date	Hospitalized?

Tobacco use: YES  NO  *If yes, smoke or chew (circle one)?* How many packs per day? \_\_\_\_

Alcohol use: YES  NO  *If yes, how many drinks per day?* \_\_\_\_\_

Drug use: YES  NO  *If yes, describe* \_\_\_\_\_

*Women only:* Have you ever been pregnant? YES / NO *If yes, how many pregnancies?* \_\_\_\_\_

How many servings of fruits and vegetables do you have per day? \_\_\_\_\_

How many times per week do you exercise? \_\_\_\_\_ Duration? \_\_\_\_\_ Type? \_\_\_\_\_

How many children do you have? \_\_\_\_\_ Who do you live with? \_\_\_\_\_

What is your occupation? \_\_\_\_\_

### **Current Medication List**

Medications, supplements, vitamins	Route (oral, topical, etc.)	Dose	Frequency (e.g. 1 – 2 times/day)

**\*\*Please attach an additional page if further space is needed for medications.\*\***

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### **Current Providers/Doctors and Suppliers**

Name	Specialty	Reason

### **Family History**

(particularly parents, grandparents, siblings)

<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Cancer	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Obesity
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Hypertension	<input type="checkbox"/> Stroke
<input type="checkbox"/> Cancer	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Liver or Kidney Disease	<input type="checkbox"/> Thyroid Disease

#### **Hearing Loss Screen**

1. Do you have trouble hearing the TV or radio when others don't?  YES  NO
2. Do you have to strain or struggle to hear/understand conversations?  YES  NO

#### **Function Screen**

1. Do you need help with preparing meals, transportation, shopping, taking your meds, managing finances, or other activities of daily living?  YES  NO
2. Do you live alone?  YES  NO

#### **Fall Screen**

1. Have you had an injury from a fall in the last year?  YES  NO
2. Have you had more than one fall in the last year?  YES  NO

#### **Home Safety Screen**

1. Does your home have rugs, poor lighting, or a slippery bathtub/shower?  YES  NO
2. Does your home LACK grab bars in bathrooms, handrails on stairs or steps?  YES  NO
3. Does your home LACK functioning smoke alarms?  YES  NO

### **Advance Care Planning**

Patient Consent: "I consent to discuss end-of-life issues with my healthcare provider."  YES  NO

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Date

Dr/NP \_\_\_\_\_

Location \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

## PATIENT HEALTH QUESTIONNAIRE-9 (PHQ-9)

Over the last 2 weeks, how often have you been bothered by any of the following problems?

(Use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

FOR OFFICE CODING   0   + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_

=Total Score: \_\_\_\_\_

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all

Somewhat difficult

Very difficult

Extremely difficult